How to Double Up

The Right Way

Let's face it: poop happens! Warm water and exercise can stimulate digestion. That's why all swimmers under 4 must be DOUBLE DIAPERED.





We call swim diapers "swim pants," because even big kids wear them. To double diaper—or "double up"—means one **reusable** swim pant plus a neoprene **outer cover**. Currently, Splash About's Happy Nappy is the only manufacturer of the outer cover, but we expect more options in the future.



Disposable swim pants (such as Huggies Little Swimmers or Pampers Splashers) are **NOT** an acceptable layer.



Your child shouldn't wear a regular disposable or cloth diaper when swimming. But beware: The swim pant won't contain urine, so don't change your little swimmer into swim pants too early!



Splash About makes a basic pant, a board short, one piece suit and jammer style. We carry a limited selection, but all are available at many other retailers.



What's the Big Deal?

igh quality filtration, chlorine and UV lights do an excellent job of keeping our pool water sparkling clean. But when there is any fecal leakage into the pool, we have to call a "code brown." The possible bacterial contamination is a serious health risk for swimmers. It takes 2 hours for our cleaning system to work its magic. (That's a shorter time than other pools with less sophisticated equipment!) This required closure is disappointing for other swimmers who can't get in the pool for lessons, and it's expensive for us.



Loaners are available, but we can't guarantee sizes, and you will NOT be allowed in the pool unless properly "doubled up."



If your child is potty trained/training, make sure to plan a few minutes to use the potty before their swim lesson!



The fit needs to be SNUG! Don't buy pool pants for your child to grow into.

Here's How It Works



• The snug-fitting reusable swim pant goes on first.



2 The Happy Nappy goes on the outside with the waistband pulled up high.

The wide bands, plus the roomy neoprene, let the child move, while containing any accidents. When properly snug, you should just be able to slide your finger under the band.



Thanks for your help in keeping our pool healthy and clean!